



# Youth Sports Parent Handbook

Idaho Falls Family YMCA

Indoor Soccer III

**A parent volunteer or coach is required for each team – parents must register with the understanding that they could be asked to be a coach.**

- **Late Registrations:**

Late registrations are accepted a week after the registration deadline and will be assessed a \$5 late fee. After the late registration deadline, registrations are only accepted if space allows and are subject to a \$15 late fee.

- **Who are the coaches:**

Coaches are parent volunteers and they have generously agreed to volunteer their time to make these teams happen. Coaches range in experience. Coaches will sometimes ask for help to cover practices or if they will be gone during a game, so please be ready to help support your child's coach. We wouldn't have the league without the volunteer coaches, so please support them in any way you can.

- **When will a coach contact me?**

Coaches will contact you one to two weeks before the season begins. **It is the parent's responsibility to contact the YMCA if you have not heard from a coach a week before the season starts.**

- **Practices**

- Pee Wees – The Pee Wee program runs 6 week sessions. Each week there is one hour on a Wednesday or Thursday evening. During that hour there is a half hour practice and a half hour game.
- U6 – High School Leagues - Generally our schedules have one game a week. Therefore, practices are generally once or twice a week. If there are two games scheduled in a week, there is only one practice during the week. Practices are determined by the coaches as to when and where they are. Starting at the U14 leagues, teams generally only play in the games and do not normally practice in addition to the games each week.

- **Games**

- Pee Wees – The Pee Wee program runs 6 week sessions. Each week there is one hour on a Wednesday or Thursday evening. During that hour there is a half hour practice and a half hour game.
- U6 – High School - Games are generally once a week. Depending on how many teams are in the league, there could be two games a week or a bye week occasionally.

- **How are teams organized?**

If there are no requests to play with a specific teammate or team, we organize kids into teams based off their schools.

- **Are teams coed?**

Generally, all our teams are coed. Registration forms and advertisement will show if there are any leagues that are not coed.

- **Can my son/daughter play in an older league?**  
With the parents understanding that their child will be playing against bigger and older players, we allow players to play up one grade level. For the player's safety we do not allow players to play up more than one level.
- **Can my son/daughter play in a younger league?**  
No, we do not allow children to play in a younger league under any circumstances.
- **Can I play on the same team as a friend?**
  - Yes, there is a box on the registration form that asks for a teammate request. Make sure that is filled out in order to guarantee to play with a friend.
  - Any requests for teammates, coaches and/or teams must be done before the registration deadline. After the registration deadline, teammate or coach requests cannot be guaranteed. We will do our best to get them on the same team, because we know it's more enjoyable for kids to play with their friends. However, if the team that is requested is already full, we will put your child on another team.
  - If you have requested teammate, coach and/or team that is not registered by the deadline time, we will put your child with other kids that go to the same school or schools in your area.
- **When does the season start?**
  - The Pee Wee Soccer season is from January 25<sup>th</sup> – February 29<sup>th</sup>. Teams play once a week on Wednesdays at 5:30 or 6:30 which consists of a half hour practice and a half hour game.
  - U6, U8, U10 leagues start the week of January 23<sup>rd</sup> – March 17<sup>th</sup>. There are no games the week of Thanksgiving, the week before Christmas and the week after Christmas.
  - U12, U14, High School leagues start the week of January 23<sup>rd</sup> – March 10<sup>th</sup> for regular season games. Tournament will run from March 12<sup>th</sup> – 24<sup>th</sup>.
- **When are the games?**
  - Pee Wee teams play once a week on Wednesdays at 5:30 or 6:30 which consists of a half hour practice and a half hour game.
  - U6, U8, U10 and U12 leagues generally play on Saturdays. Game days cannot be guaranteed as they are based on the number of participants that register.
  - U14 and High School play weekdays.
- **High School League and Photo ID's**  
Players in the high school league are required to bring a photo ID to EVERY game to verify they are on the roster. School ID's, driver's license, or any other photo ID with name on it are acceptable. Please contact the sports director if you would like a player's card made.
- **Where can I get a schedule?**  
Schedules will be ready at the time of the coaches meeting which is generally two weeks before the season begins. Your coach will provide you with a schedule, but you are also welcome to get one at the YMCA or online at [www.ifymca.org](http://www.ifymca.org)

- **Where are the games at?**

All games are held at the indoor soccer arena on 3500 S. Ammon Rd.

- **I want to coach and have questions about coaching.**

Please go online or to the YMCA to get a coaches packet.

- **When can I expect to hear from a coach?**

- Anywhere from one to two weeks before the season begins. Rosters are finalized at the coaches meeting and if you would like you can contact the YMCA after the coaches meeting to get the coaches information.
- If you have not heard from a coach and find out from the YMCA that we are still looking for a coach, we will have the coach be in contact with you as soon as possible. Please realize that all of our coaches are parent volunteers, and if we do not get enough parent volunteers, some teams may not get to play.

- **Shirts**

Shirts tend to run small. If a shirt is ordered that does not fit, additional shirts can be ordered at the YMCA for \$10.00 each. Extra shirts will not be ordered until the payment is made at the YMCA.

- **What equipment does my child need?**

The YMCA provides game equipment and jersey. Players must have their own shin guards.

- **What is your refund policy?**

A joint commitment is made when you register for a YMCA program. We commit to provide the program so that you may participate. If the YMCA is providing the program, refunds are not available.

Refunds are available as follows:

- One week before start of the season, 100% of the registration fee minus a \$5 processing fee and the cost of the jersey.
- One week until the season starts and one week into the season, a 75% of the registration fee minus a \$5 fee and the cost of the jersey.
- After one week of the season and until half the season 50% of the registration fee minus a \$5 fee and the cost of the jersey
- After half of the season, refunds are no longer available.