

YMCA Spinning Schedule Beginning October 2011

TIME	DAY	INSTRUCTOR
6:00 am	M & W	Carol
6:00 am	F	Curt/Michelle
8:30 am	M & W	Michelle
8:30 am	F	Betsy
Noon	T & Th	Jim
6:00 pm	M & W	Curt
7:00 pm	T	Michelle (beg. 10/18/11)

***There must be a minimum of 8 active participants to run a class.**

